One Umrah is a compensation for the sins committed between it and another Umrah.

(Sahih Bukhari, Sahih Muslim)

Great blessing from Allah and make Shukr

We can notice that Allah has made it easy that whenever we make intention that Allah fulfils it and we see our forefathers it used to take a lot of time because of lack of wealth we should make shukr and ponder upon that Allah has made it easy and that’s with everything that after every good action we should be grateful to Allah

Purpose

• Solely to gain the pleasure of Allah (S.W.T), to carry out a Sunnah of Rasulullah (S.A.W), to visit the house of Allah and the grave of Rasulullah (S.A.W) by this he will treat the place properly and value his time
• Not like holiday that you just go to waste time and we see that many people have wrong intention and disrespect haramain sharafeen
• We change our life and get a spiritual booster and keep that with us when we return

Leave your anger and expectation of comfort when travelling

• Generally, matters in safr are against our desire so we shouldn’t get angry over little things and have this in mind that whatever comes to our way we bear it and never complain.
• Control tongue because anger comes from the tongue

Preparations before departing for Umrah
**Spiritually**

1. **Intention**: solely to gain the pleasure of Allah (S.W.T), to carry out a Sunnah of Rasulullah (S.A.W) and to visit the grave of Rasulullah (S.A.W)
2. Re-establish any broken ties.
3. Repent sincerely to Allah (S.W.T) for the wrong which one has committed before.
5. Leave sins.

**Physically**

1. Hair should be all level and equal.
2. Not to shave the beard.
3. Islamic Clothing.
4. Good health.

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**The outcome of Umrah**

1. There should be a change in one’s life.
2. To leave Sins.
3. Becoming a practising Muslim.
4. The eager to go back again to Saudi Arabia.
5. Spiritual up lifter.
7. Make new resolutions in life.

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**What to take for Umrah?**
Books
Quran
Dua
Others

Others
Watch
Side bag
Sunglasses

Umrah
Adaptor
Recorder

Ihram
Phone

Sandals
Earphones

Toiletries
Glasses
Toothbrush
Pen

Toothpaste
Notebook
Soap
Scale

Shampoo
Scissors
Oil

Vaseline

Towel (Small/Big)

Tissue packs

NOTE: The toiletries which are highlighted will be provided by the hotel

Clothing
Jubbas X5 (4 White and 1 Black)
T-Shirts X7 (5 White and 2 Black)
Izhaar X5
Boxers X7 and Lungi X3
Socks X2
Sandal (No shoes)
Hoody X1 (No jacket)

The method of Performing Umrah
**When leaving home**

1. To perform 2 Rakaat Nafl Salaah.
2. Then to make dua, seeking forgiveness, thanking Allah for this favour, to make the journey safe, to utilize the time correctly and to make it full of benefits and rewards.
3. Take out sadaqah.
4. Pray dua when leaving home:

   *(I leave) in the name of Allah, I place my trust in Allah, there is no power (to stay away from sins) and no strength (to do good deeds) except with Allah’s assistance.*

5. And dua whilst on journey:

   *(Glorified be the one who has made this (means of transport) subservient to us, and we do not have the power to subjugate it, and we shall most certainly return to our lord. Oh Allah, we ask of you that you give us righteousness, piety and the ability to carry out actions which are pleasing to you in this journey of ours. Oh Allah, make this journey easy for us and shorten its distance. Oh Allah, you are our companion in this journey and the guardian of our families. Oh Allah, we seek refuge in you from the difficulty of this journey and from seeing things which cause grief and from a bad return to our wealth and family.)*

**Note:** As soon as the hometown is left, salaah will be performed as Qasr(shortened)
Quick overview of Umrah

1. Method of putting on Ihraam of Umrah
   - Ihraam: for men consists of two unsewn plain white cloths and for women it’s their normal clothing.
   - When wearing the Ihraam it is unlawful to wear ANY OTHER GARMENT (even underwear).
   - Ihraam will be worn before Meeqat (Boundary surrounding the haram of Makkah)

   1. Perform Ghusl or Wudhu and then wear the ihraam.
   2. Perform 2 Rakaat Nafl Salaah (Only men will cover their heads during this salaah and it is Sunnah to pray Surah Al Kaafirun in the first Rakaat and Surah Ikhlaas in the 2nd).
   3. After salaam men will uncover their head.
   4. Make the following intention for Umrah:

   اللَّهُمَّ أَنتِ أَرِيَدُ الْعُمُرَةَ فِي سَرِيرَهَا لَيْتَ وَتَقَبَّلَهَا مِنِّي

   “O Allah! I intend to perform Umrah. Make it easy for me and accept it from me”

   5. Recite the Talbiyyah 3 times (Sunnat). (Men loudly and Women softly):

   6. Thereafter recite Durood Shareef & make Du’aa

Important: Ihraam restrictions apply immediately after Intention & Talbiyyah.

2. Tawaaf
1. Enter Makkah with utmost respect and humility reciting Talbiyyah. Enter the Masjid-e-haram from Baab-Us-Salaam gate (This is Mustahhab) but if not then from any other gate.

2. Recite the dua when entering Masjid-e-Haram:

   In the name of Allah, all praises are due to Him, and salutations on the Messenger of Allah. O Allah! Forgive my sins and open for me the gates of Your mercy.

   ﷺ صلى الله عليه وسلم و سلم على ﷺ ﷺ ﷺ رَسُولُ اللهِ ﷺ ﷺ ﷺ

   Upon entry, make the intention for Nafl I'itikaaf. Reciting the Talbiyyah & Looking down, proceed towards the Ka'bah.

3. When seeing the Ka'bah for the first time, raise your hands and recite the following takbeer three times:

   “Allah is the greatest, there is no God except Allah”

   Thereafter recite Durood Shareef and make Du’aa while facing Ka’bah.

   Note: Make as much as dua as dua is certainly accepted at this moment.

4. Men will now Uncover the right shoulder (Idhitba) for all 7 rounds of Tawaaf

5. Stop reciting the Talbiyyah and Make intention for Tawaaf:

6. Start every round facing in line of Hajr-e-Aswad. Whilst standing, raise both hands to the ear facing the Hajr-e-Aswad, then recite the Takbeer (بسم الله، نعمة أكبر، وغفر لله) thereafter kiss the hands. This is known as Istilaam. This should be performed at the beginning of every round (7) and one after 7 rounds are completed (8) and one more (9) before proceeding to Sa’ee.

7. Keep the Ka’bah to your left (anti clockwise). Start the Tawaaf round. In rounds 1,2,3 only men will perform raml (walking fast).

   Note: When doing Tawaaf chest shouldn’t face the Ka’bah

8. During the Tawaaf rounds one should pray:

   1st round:

   There is no God but Allah Muhammad is the Messenger of Allah

   ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ 

   2nd round:

   I bear witness that no-one is worthy of worship but Allah, the One alone, without partner, and I bear witness that Muhammad is His servant and Messenger

   ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ 

   3rd round:

   Glory be to Allah and Praise to Allah, and there is no God But Allah, and Allah is the Greatest. And there is no Might or Power except with Allah.

   ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ 

   4th round:

   There is no God besides Allah He is One. He has no partner. His is the kingdom and for Him is all praise. He gives life and causes death. In His hand is all good. And He has power over everything.
8. When one reaches Rukn-e-Yamani (The corner before Hajr Aswad) it is Sunnah to recite the following Du‘aa:

9. After completing 7 rounds Tawaaf is completed, now perform 8th Istilaam.

10. Recover the shoulder.

11. Perform 2 Rakaat salah behind Maqam-e-Ibrahim. It is Sunnat to recite Surah Al Kaafiroon in 1st Rakaat and Surah Ikhlaas in the 2nd Rakaat. If can’t perform behind it then anywhere in the masjid.

12. Drink ZamZam and recite:

13. Whist standing face the Multazam (The area between Hajr-e-Aswad and Ka’bah door) and make dua as this is area where dua is accepted.

1. Proceed to Mount Safa. Facing the Ka’bah, make the following intention:

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O Allah! For the sake of Thy pleasure I intend to complete seven rounds of Sa’ee between Safa and Marwah. Therefore make it easy for me and accept it from me.
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2. Whilst facing the Ka’bah, raise the hands as in dua and recite the Takbeer (الله أكبر) 3 times. Then recite durood Shareef & the following dua:

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رب اغفر وارحم إنك انت الاعز الاكرم
```

And make as much as dua as this is the place where duas are accepted.

3. From Mount Safa walk towards Mount Marwah, recite in order (7 rounds) what was recited in Tawaaf and upon reaching the green lights men will quicken their pace in between. Women will walk at their normal pace. Dua to be recited between the green lights:

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رب اغفر وارحم إنك انت الاعز الاكرم
```

4. When reaching Mount Marwah, whilst facing the Ka’bah, raise the hands as in dua, recite the Takbeer (الله أكبر) times and then recite durood Shareef & recite the following dua:

```
رب اغفر وارحم إنك انت الاعز الاكرم
```

And make as much as dua as this is the place where duas are accepted.

5. 1 round complete. Now proceed towards Mount Safa again and on reaching the green lights men will quicken their pace in-between. Women will walk at their normal pace. On reaching Mount Safa two rounds will have been completed. Final round will end at Mount Marwah. After 7 rounds Sa’ee is completed.

6. Then perform 2 Rakaat Nafl Salaah anywhere in the haram.

**4. Cutting Hair**

After performing Sa’ee it is Sunnat for Men to shave all the hair from the entire head (Halaq) and Women must take all of their hair, gather it together and cut all the hair one inch into the plait.
**When Leaving Makkah:**

Perform 2 Rakaat salah in front of Ka’bah and at the final sight of the Ka’bah make as much as dua possible.

**When arriving home:**

Recite:

```
الله أكبر، الله أكبر، النعم وبركاته، وله الحمد، وله الحمد، وله الحمد
```

**Certain places where duas are certainly accepted**

1. When seeing the Ka’bah for the first time.
2. Multazam (Wall of the Ka’bah situated between Hajr aswad and the door).
3. Mount Safa.

**Haraam Acts in Ihraam**

- For men or women to use perfume or fragrance on the body or clothes.
- For men or women to use perfumed soap on the body.
- For men or women to cut the nails.
- For men or women to comb, pluck, trim, remove the hair from the body.
- For men or women to have sexual intercourse, to kiss or to engage in lustful talk.
- For men or women to hunt or help in hunting wildfire to kill bugs (e.g. lice).
- For men or women to cover their head or face.
- For women to cover their face.
- For men to wear any footwear that covers the top part of the foot.
- For men to wear any sewn garment’s including underwear, socks and gloves.
- For men or women to fight, quarrel or use foul or abusive language.
- For men or women to listen to music, watch movies on the plane.
- For men or women to drink flavoured drink with strong essence of smell.

**Note:** If any of these haram acts are committed then a penalty will have to be given and the penalties differ in price.

**Halal acts in Ihraam**

- Bathing
- One may tie a knot, pin or use a belt to keep the lower garment in place.
- To cover the body and feet with a blanket, but not the face and head.
- A money belt may be tied around the waist, a watch may be worn and a pouch can be hung from the shoulders.
- It is permissible for women to wear clothes, socks, shoes etc.
Madinah

- Whilst traveling to Madinah a special effort should be made to recite durood Shareef abundantly.
- Travel with great enthusiasm and excitement, increase the yearning as you come closer to Madinah.
- The intention should be to visit the blessed grave of Prophet Muhammed (S.A.W).

1. When you enter Madinah recite the following with durood:

2. Before entering the masjid:
   - Mustahab to have a ghusl if not then wudhu.
   - Thereafter wear your best clothes.
   - Men should apply perfume.
   - With great humility and utmost humbleness proceed to the masjid reciting durood.
   - Enter Masjid-e-Nabawi from Baab-e-Jibra’eeel if not then any other door.
   - Enter with the right foot and say:

3. When entered the masjid perform 2 Rakaat of tahiyyatul masjid in the area called rawdah (between the Holy grave and the Mimbar) if not then anywhere in the masjid.
4. Proceed to the Gallery of salaam and firstly convey your salaam to the Prophet Muhammed (S.A.W) by saying:

Then to Hazrat Abu Bakr (R.A):
السلام عليك يا خليفة رسول الله السلام عليك يا صاحب رسول الله في الغار ابا بكر ن الصديق جزاك الله عن امة محمد خيرا

Then to Hazrat Umar (R.A):

السلام عليك يا أمير المؤمنين السلام عليك يا عز الإسلام والمسلمين عمر بن الخطاب الفاروق جزاك الله عن امة محمد خيرا

Then stand in between the last two graves and offer your combined Greetings to Hazrat Abu Bakr & Hazrat Umar:

السلام عليكما يا ضحيعي رسول الله ورفقية ووزيريه وجزاكم الله احسن الجزاء

5. Thereafter recite the following verse facing the blessed grave of Prophet Muhammed (S.A.W):

6. Then face the Qibla and make Dua to Allah (S.W.T)

Dua to be recited at Jannatul Baqi:

Conveying salaams to Hazrat Uthman (R.A):

السلام عليكم يا اهل البعيق السلام عليكم دار قوم مؤمنين وإننا إن شاء الله بكم لاحقون نسأل الله لنا ولكم العافية. اللهم اغفر لاهل البعيق السلام عليكم ورحمه الله وبركاته
السلام عليك يا امام المسلمين السلام عليك يا امير المؤمنين السلام عليك يا عثمان بن عفان السلام عليك ورحمة الله وبركاته

7. Farewell Salaam:
   - Before leaving Madinah, perform 2 Rakaat salaah preferably in rawdah if not then anywhere else in the masjid.
   - Offer farewell salaam (in the same procedure as mentioned before).
   - Make plenty of Dua.
   - Depart reciting durood Shareef abundantly.
   - Make a lot of Dua.