3. Sa’ee

1. Proceed to Mount Safa. Facing the Ka’bah, make the following intention:

O Allah! For the sake of Thy pleasure I intend to complete seven rounds of Sa’ee between Safa and Marwah. Therefore make it easy for me and accept it from me.

2. Whilst facing the Ka’bah, Raise the hands as in dua and recite the Takbeer (            ) 3 times
Then recite durood Shareef & the following dua:

رب اغفر وارحم إنك انت الاعز الاكرم

And make as much as dua as this is the place where duas are accepted

3. From Mount Safa walk towards Mount Marwah, recite in order (7 rounds) what was recited in Tawaaf and upon reaching the green lights men will quicken their pace in between. Women will walk at their normal pace. Dua to be recited between the green lights:

رب اغفر وارحم إنك انت الاعز الاكرم

4. When reaching Mount Marwah, whilst facing the Ka’bah, raise the hands as in dua, recite the Takbeer (            ) times and then recite durood Shareef & recite the following dua:

رب اغفر وارحم إنك انت الاعز الاكرم

And make as much as dua as this is the place where duas are accepted.

5. 1 round complete. Now proceed towards Mount Safa again and on reaching the green lights men will quicken their pace in-between. Women will walk at their normal pace. On reaching Mount Safa two rounds will have been completed. Final round will end at Mount Marwah. After 7 rounds Sa’ee is completed.

6. Then perform 2 Rakaat Nafl Salaah anywhere in the haram.

4. Cutting Hair

After performing Sa’ee it is Sunnat for Men to shave all the hair from the entire head (Halaq) and Women must take all of their hair, gather it together and cut all the hair one inch into the plait.